



FOR IMMEDIATE RELEASE

Syracuse to Host 2026 IKMF Kettlebell World Championships

Syracuse, NY – Monday, September 29, 2025 – Syracuse, New York, will host the **2026 IKMF Kettlebell World Championships** at **The Oncenter** over **Memorial Day Weekend, May 22–24, 2026**.

The IKMF World Championships is the premier international kettlebell endurance competition, bringing together **over 300 athletes from 35 countries** across every continent. This will be one of the largest international sporting events ever held in Syracuse.

Founded by Stéphane Dauvergne, the **International Kettlebell Marathon Federation (IKMF)** standardizes marathon and pentathlon kettlebell competitions worldwide. The 2026 Championships will feature:

- **Half Marathon** – athletes lift kettlebells up to 70 lbs. continuously for 30 minutes without setting them down
- **KB Games** – men and women lift 88 lb. and 60 lb. kettlebells, respectively
- **Pentathlon** – a multi-discipline test of strength, endurance, and precision

“The IKMF World Championships are not just a test of strength—they are a celebration of resilience, skill, and global unity,” said **Judi DeMuro, USA Representative to the IKMF**. “Syracuse will provide an incredible stage for this international gathering.”

The IKMF Syracuse 2026 **Executive Committee** for the event includes:

- **Brent Morehouse, President**
- **Todd Relyea, Chief Operations Officer**
- **Edmond Theobald, Director of Marketing & Government Relations**
- **Lisa Craig, Director of Committee Operations & Communications**
- **Judi DeMuro, President USKMF INC. / USA IKMF Representative**

Syracuse’s central location, strong sports culture, and welcoming community make it the perfect host city for three days of elite competition, cultural exchange, and international camaraderie.

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